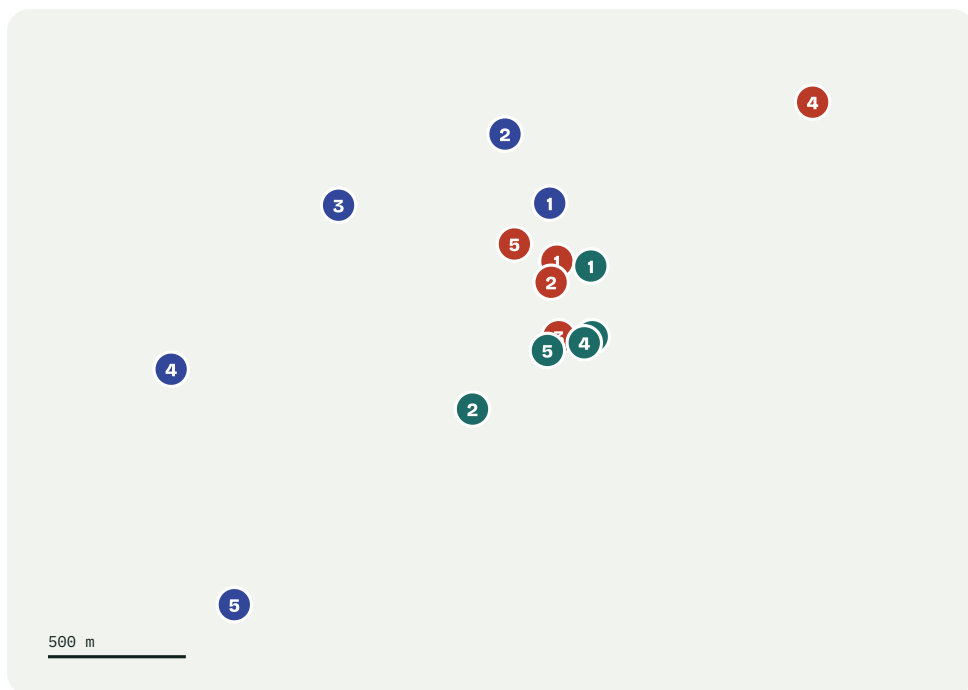


Sovata

The salt spa of eastern Mureș, with the heliothermal Lake Ursu, the salt mountain in its nature reserve and the old villas of Trandafirilor Street.



■ What to see
 ■ Where to eat
 ■ Where to stay

Sketch, not exactly to scale.

How to use this guide

For each category we picked five places, in the order we would recommend them. Map numbers match the list. On mures.info you'll find the interactive map, Google Maps links and the always up-to-date version.

mures.info/en/sovata/

What to see in Sovata



1 Lacul Ursu

HELIO THERMAL SALT LAKE · SOVATA-BĂI

It is the reason the resort exists: in summer, under the fresh-water layer, the salt water reaches 30–40 °C one metre down, a phenomenon called heliothermy.

Salt lake formed after 1875 when the ground above the salt massif collapsed, with a layer of fresh water that keeps the salt water underneath warm.

Rezervația Lacul Ursu, Sovata-Băi · hours not confirmed



2 Muntele de Sare și lacurile Roșu și Verde

NATURE RESERVE TRAIL · SOVATA-BĂI, VALEA SĂRATĂ

It is the easiest way to see the salt the resort grew from: rain-washed salt slopes, salty mud pools and lakes closed off to recover.

Laid-out paths through the Lake Ursu reserve, leading from the lakeshore to the Roșu, Verde and Mierlei lakes and on to the Salt Mountain, a salt massif exposed at the surface.

Rezervația Lacul Ursu, acces de pe malul Lacului Ursu · hours not confirmed

3 Turnul Belvedere

LOOKOUT TOWER · SOVATA-BĂI, DEALUL DE VEST

From the top you see the whole resort with the surrounding hills and villages, and entry is free.

Wooden observation tower, 28 m high, on the hill west of the lakes, with a spiral staircase and views in every direction.

Strada Răchitei (acces auto din Strada Privighetorii) · hours not confirmed

4 Mocănița Sovata

STEAM TOURIST TRAIN · SOVATA, GARA MICĂ

It runs on a stretch of the Târgu Mureș–Praid narrow-gauge line (1915–1997) rebuilt in 2011, and in 2026 it ran trips over the 1 May holiday weekend too.

Tourist train pulled by a 1949 steam locomotive, running 14 km from Gara Mică Sovata to Câmpu Cetății on the old Târgu Mureș–Praid narrow-gauge line.

Gara Mică Sovata, Strada Gara Mică 12A · hours not confirmed



5 Biserica reformată din Sovata

REFORMED CHURCH · SOVATA, ORAȘUL DE JOS

It shows the Székely architecture of the old town away from the resort, and the parish house next to it is a listed monument (MS-II-m-B-16032).

Reformed church built in 1937–1939 in the lower town in the Székely style, with a side tower and a coffered ceiling of 132 motifs and Bible verses.

Strada Principală 120 · hours not confirmed

| Where to eat in Sovata

1 Ciuperca Mică

LAKESIDE RESTAURANT · SOVATA-BĂI, LACUL URSU

It ranks first of 36 restaurants in Sovata on Restaurant Guru and holds 4.6 on Google from nearly 8,000 reviews.

Restaurant on the shore of Lake Ursu, with a panoramic terrace and familiar recipes cooked from local ingredients, open for 18 years.

Strada Bradului 42 · Tel. +40 727 155 605 · hours not confirmed

2 Bello Pizza & Grill

PIZZERIA AND GRILL · SOVATA-BĂI, CENTRU

It holds 4.9 on Restaurant Guru from more than 4,000 votes, the second-highest vote count in Sovata there.

Pizzeria and grill on Bradului Street in the centre of the resort, a few minutes from Lake Ursu, with table service and a bar.

Strada Bradului 15 · Tel. +40 731 506 026 · hours not confirmed

3 Restaurant Pacsirta

TRANSYLVANIAN RESTAURANT · SOVATA-BĂI

It holds 4.6 on Restaurant Guru from more than 840 votes and, according to its own website, cooks from carefully chosen local ingredients.

The restaurant of Hotel Pacsirta on Trandafirilor Street, with an à la carte menu of Transylvanian, Hungarian and international dishes.

Strada Trandafirilor 85/A · Tel. +40 365 082 480 · hours not confirmed

4 Cabana-Restaurant Stâna de Vale

FOREST CABIN RESTAURANT · STÂNA DE VALE

It holds 4.8 on Restaurant Guru from more than 900 votes and is the place to eat in the forest, away from the bustle around the lake.

Cabin restaurant in the forest at Stâna de Vale, just outside the resort, with Romanian cooking, a grill and a garden terrace.

Strada Stâna de Vale 153 · hours not confirmed

5 Restaurant Paprika

CENTRAL EUROPEAN RESTAURANT · SOVATA-BĂI, LACUL URSU

It holds 4.8 on Restaurant Guru from nearly 1,000 votes and ranks fourth of 36 restaurants in Sovata there.

Restaurant on Bradului Street, about 100 metres from the Lake Ursu bathing area, with Central European and Romanian cooking.

Strada Bradului 23 · hours not confirmed

| Where to stay in Sovata

1 Ensana Sovata

SPA HOTEL · SOVATA-BĂI

It holds 9.1 on Booking from more than 1,050 reviews and is the hotel whose treatment centre is tied directly to Lake Ursu: pools of lake water and cabins for mud wraps.

Four-star spa hotel next to Lake Ursu, with a two-floor spa and treatment centre where two pools are filled with water from the lake.

Strada Trandafirilor 111 · Tel. +40 265 570 151

2 Hotel Crystal Wellness & SPA

WELLNESS HOTEL · SOVATA-BĂI

It holds 9.7 on Booking from more than 2,300 reviews and has a wellness centre with a salt-water pool, slides and therapies.

Four-star hotel with 104 rooms, opened in July 2023 on Trandafirilor Street, with indoor and outdoor pools, water slides and a treatment centre.

Strada Trandafirilor 57-59 · Tel. +40 365 450 350

3 Fabesca Boutique Hotel & SPA

BOUTIQUE SPA HOTEL · SOVATA-BĂI

It holds 9.4 on Booking from nearly 1,000 reviews, for a four-star hotel with its own spa and a Mediterranean restaurant.

Four-star boutique hotel opened in 2016, with Mediterranean-inspired architecture, a Mediterranean restaurant and a spa with indoor pools.

Strada Câmpul Mic 45 (intrare din Strada Vulturului 15) · Tel. +40 365 100 150

4 Pensiunea Senin

GUESTHOUSE WITH SPA · SOVATA-BĂI

It holds 9.7 on Booking from more than 600 reviews, with breakfast included and its own spa for guests.

Three-star guesthouse built from scratch by a family, with 19 rooms and apartments, breakfast included and a spa for guests.

Strada Vulturului 49A · Tel. +40 365 426 695

5 Turul Villa

HISTORIC VILLA · SOVATA-BĂI

It holds 9.8 on Booking from more than 230 reviews and brings one of the resort's old villas, Vila Dessewffy, back into use.

Four-star villa in a 1906 building on Trandafirilor Street, renovated and reopened in August 2024, with 7 rooms and 7 apartments.

Strada Trandafirilor 81 · Tel. +40 365 082 041

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Checked in October 2026. Hours can change: check before you go.

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